

Dear Parents/Guardians,

### Flyers

CentraState asked me to pass along free resources they have available for people in the community with high blood pressure. Information [here](#)

### News

I want to extend a big thank you to the Freehold Borough Police Department under the leadership of Chief Craig Dispenza for their presence and vigilance today in and around the schools to ensure the safety of our students and staff during this nationwide security alert that stemmed from social media. It may seem like you get reminders once a week on checking your child's social media accounts. This week proved another serious reminder of the power and influence social media has on all of our lives. Even though the message is repetitive we will keep repeating it. It is essential that you are aware of all of your child's social media accounts and how to access them, check up on them frequently, and discuss with your child the proper use of social media and what to do if they see something on there that isn't right.

Regarding COVID we learned today of a potential case of in school transmission that the nurse's office is investigating. This would be the first potential case of in school transmission we identified, which is significantly lower than in other schools across Monmouth County. There are currently 73 students in quarantine who are receiving remote instruction. The health department and CDC continue to release new guidance which we are evaluating. This past week the Department of Health acknowledged that 10 day quarantine is acceptable which is what we were already at as compared to the previously recommended 14 day quarantine. We are planning another vaccine clinic at the Park Avenue Complex. I will be out to you with a date for that as soon as it is confirmed.

Regards,

Joe Howe

Joseph Howe, Ed.D.  
Superintendent

