

Freehold Borough School District

Community Resource Guide

<p style="text-align: center;"><u>Crisis Services</u></p> <p>Psychiatric Emergency Screening Service (PESS)- Monmouth Medical Center: 732-923-6999</p> <ul style="list-style-type: none"> • Service may be used at hospital, school, or in home. <p>Mobile Response: 1-877-652-7624</p> <ul style="list-style-type: none"> • Hotline for immediate response to crisis situations 	<p style="text-align: center;"><u>Local Hospitals</u></p> <p>CentraState Medical Center: 732-780-6023</p> <p>Monmouth Medical Center: 732-923-6999</p> <p>Jersey Shore Medical Center: 732-776-4555</p>
<p style="text-align: center;"><u>Talk Hotlines & Websites</u> (Parents & Students)</p> <p>2nd Floor Youth Helpline</p> <ul style="list-style-type: none"> • 1-888-222-2228 • www.2ndfloor.org <p>National Suicide Prevention Lifeline</p> <ul style="list-style-type: none"> • 1-800-273-8255 • Text “TALK” 741741 • https://suicidepreventionlifeline.org/ <p>Self-Abuse Finally Ends (SAFE)</p> <ul style="list-style-type: none"> • 1-800-366-8288 • https://selfinjury.com/ <p>The Trevor Project</p> <ul style="list-style-type: none"> • 1-866-488-7386 • https://www.thetrevorproject.org/ <p>Addictions Hotline of NJ</p> <ul style="list-style-type: none"> • 1-800-238-233 <p>National Teen Dating Abuse Hotline</p> <ul style="list-style-type: none"> • 1-866-331-9474 • Text “lovies” to 22522 <p>Division of Mental Health & Addiction Services</p> <ul style="list-style-type: none"> • 1-800-382-6717 	<p style="text-align: center;"><u>Parent Helplines</u></p> <p>PFLAG (Parents, Families, Friends of Lesbians & Gays)</p> <ul style="list-style-type: none"> • 908-300-4227 • http://www.pflagnj.org/ <p>National Parent/ Family Helplines:</p> <ul style="list-style-type: none"> • http://www.nationalparenthelpline.org/ • 1-800-843-5437 <p>MOM 2 MOM:</p> <ul style="list-style-type: none"> • 1-877-914-6662 • http://www.mom2mom.us.com/ <p>Traumatic Loss Coalition of Monmouth County:</p> <ul style="list-style-type: none"> • 732-431-7200 <p>Community YMCA Traumatic Loss Coalition:</p> <ul style="list-style-type: none"> • 732-956-7782 <p>Help Line (Information & Referral)</p> <ul style="list-style-type: none"> • 211 • http://www.211.org/ <p>NJ Domestic Violence Hotline</p> <ul style="list-style-type: none"> • 1-800-572-7233 <p>New Jersey Coalition Against Sexual Assault</p> <ul style="list-style-type: none"> • 1-800-601-7200
<p style="text-align: center;"><u>Mental Health/Substance Abuse IOP/ Partial Care</u></p> <p>CPC Behavioral Healthcare: 732-842-2000 ext. 4221</p> <p>CPC Addiction Recovery Services: 732-842-2000</p> <p>Community YMCA Counseling: 732-290-9040</p> <p>Perform Care: 1-877-652-7624</p> <p>New Hope Foundation: 732-946-3030 (<u>Inpatient</u>)/ 732-308-0113 (<u>Outpatient</u>)</p> <p>High Focus Center: 732-303-9900</p> <p>GenPsych: 1-855-436-7792</p> <p>Stress Care of New Jersey: 732-679-4500</p> <p>YMCA Young People’s Program: 732-290-9040 ext. 0</p> <p>Rainbows: 908-720-7044</p>	<p style="text-align: center;"><u>Family Resources</u></p> <p>Catholic Charities: 1-800-360-7711</p> <p>Family Crisis Intervention Unit: 732-542-2444, After-hours emergency line: 732-996-7645</p> <p>Family Based Service Association of NJ: 732-542-4502</p> <p>Monmouth Resource Net:www.monmouthresourcenet.org</p> <p>Casa Freehold: 732-409-3111</p> <p>Open Door: 732-780-1089</p> <p>Division of Social Services: 732-431-6000</p> <p>Mon. Co. Council for Young Children: 732-768-2630</p> <p>Mon. Co. Family Support Organization: 732-542-4502</p> <p>Freehold Family Health Center: 732-294-2540</p>
<p>*You can visit www.psychologytoday.com to obtain information on counselors in your area who accept your insurance and specialize in your area of concern.</p>	