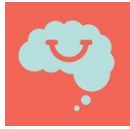


Mental Health Apps Resources



Sanvello



Smiling Mind



Woebot



Clear Fear



Calm Harm



Aura



Gratitude



Stop, Breathe, Think



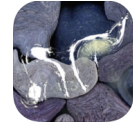
Moodflow



Breathe, Think Do



Antistress



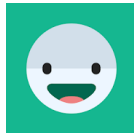
Fluid



Insight Timer
Meditation



Dare Anxiety



Daylio



Calm



The Grouchies



Big Dreamers



Belly Biofeedback



Mindshift



PTSD Coach



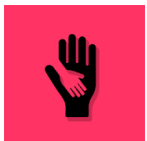
Presently



The Mighty



The Rainbow
Feeling Bear



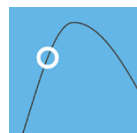
What's Up



Simple Habit



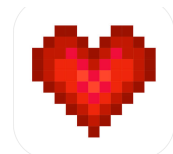
Guided Mind



Breathe



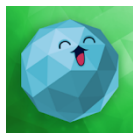
Pocket Parent.



Sandbox



Mindful gnats



Mindful Powers



T2Moodtracker



Feel Electric



Triangle of Life



Colorbox